Resources for Education during COVID-19

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Resources for Families with Children

- Each week we'll be providing in our emails and on our <u>Facebook</u> page a <u>free story with</u> <u>corresponding activities</u> and a <u>pack of five coloring pages</u> from the children's curriculum, Growing in Grace and Gratitude. Click the links above for this week's offering.
- Our friends at Flyaway Books have a full list of free and downloadable activities like an <u>origami</u> <u>butterfly</u>, a <u>paper airplane</u>, parable-themed <u>coloring pages</u>, and <u>more</u>. Also, if you have some of their children's books, there are discussion guides as well.

Resources for Congregational Study

- Our newly created <u>intergenerational curriculum based on lessons from *Mister Roger's* <u>Neighborhood</u> provides a wealth of activities and spiritual formation. You can have families carryout the activities at home and share pictures and experiences to a Facebook group, or use with the entire congregation through Zoom or another video conferencing app.
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- Our friends at The Thoughtful Christian are offering their new Lenten downloadable study packs for both adult and youth groups for free during this time. While we are halfway through Lent, you can begin the studies from the first session and have multiple online study meetings each week, or you can use it each week past the season of Lent. We've combined all of the sessions into one PDF for easy sharing. Each study includes six sessions.
 - Adult Study: "Jesus Sees Women: An Adult Lenten Study" The purpose of this sixsession Lenten study pack for adults is to examine the Gospel stories about Jesus' interactions with women in order to shed light on how we are called to be disciples of Jesus in our own time. <u>Download Participant Handouts</u> | <u>Download Leader's Guides</u>
 - Youth Study: "Sabbath Keeping for Busy Teens: A Youth Lenten Study" The purpose of this six-week Lenten study pack for youth is to offer the opportunity to reflect on the frenetic consumer culture that demands their time, energy, and loyalties and consider how Sabbath can be a tool to resist the "culture of now." Based on Walter Brueggemann's book Sabbath as Resistance. <u>Download Participant</u> <u>Handouts</u> | <u>Download Leader's Guides</u>

Resources for Adults

Our friends at Westminster John Knox Press have made a number of resources available for free or reduced cost.

- You can <u>download chapter five</u> from Walter Brueggemann's new book <u>Materiality as</u> <u>Resistance</u>. This chapter is about how the materiality of place informs our faith. As our concept of place changes during this crisis, this is an appropriate chapter to study individually or as a church community.
- You can also download a <u>free chapter</u> from <u>Beyond the Offering Plate: A Holistic Approach to</u> <u>Stewardship</u>. This chapter is about digital giving, not as a guide to use the technology, but a framework for thinking about what digital giving means.
- The following three ebooks are available for free through Amazon Kindle:
 - <u>Living into Lent by Don McKim</u> can be used as a devotional or group study. Please share this link with your church members and utilize the book for devotion and group study.

You may read aloud from the book on live-streaming platforms. We ask that you read small sections at a time and not have your videos permanently online. Facebook groups are a great way to organize book studies. Leaders can ask questions and post videos and all can participate.

- <u>*Mindfulness and Christian Spirituality*</u> by Tim Stead can help provide readers with mindfulness practices during this time.
- <u>Overcoming Stress</u> by Tim Cantopher, MD, offers information on both acute treatments and longer term management in avoiding stress and its ill effects.
- <u>An ebook sale is also happening right now</u> from our ebook provider friends through Friday, March 27. You can also find all of these books in printed form on PC(USA) Store.
- Last year Westminster John Knox Press also <u>started a Facebook group about reading the Bible in</u> <u>a year</u> using the resource, <u>The Year of the Bible</u>. You don't need to have the book to participate in the group and readings and group discussion questions are posted in the group.